

A person is holding a large, handcrafted mask. The mask is primarily blue with green and yellow accents, particularly around the eyes and forehead. The person's face is visible in the background, looking directly at the camera.

THE EXPEDITION
COLLECTIVE

UNMASK

AN IMMERSIVE ART, CULTURE & HEALING EXPEDITION

**When Mask making
Meets psychodrama**

20TH - 24TH FEBRUARY, 2026
MAJULI, ASSAM

5 DAYS



**All of us carry two faces: the one the world sees,
and the one that lives quietly within.**

UNMASK is an invitation to let that hidden self breathe. To express without overthinking.
To be witnessed without performing. To show up in your original, unedited form.
Here, you wear a mask not to hide but to reveal.



**When ancient wisdom
meets inner healing,
you don't just learn,
you transform.**

In Majuli, masks are more than art
they open identity and emotion.

Through psychodrama, movement,
and expression, you step into roles
that heal and transform.

A journey inward,
with clearer direction.



ONE OF A KIND COLLABORATION



Ancient **SATTRIYA MASK-MAKING**

Learn centuries-old
Majuli mask-making
from master artisans
inside a living satra.

UNMASK



Modern **PSYCHODRAMA**

Experience role-work
& expressive drama
of the soul to uncover
personal narratives.



In Majuli, the unmasking begins.

On the world's largest river island, where
stories are shaped in bamboo and clay,
transformation feels natural.

This is a place of:
Mustard fields and river sunsets
Monks and meditative silence
Ancient Vaishnavite philosophy
A rhythm of life untouched by noise





Live with the rhythm of Majuli

its nature, monks, music, river culture, aliveness, and silence

A living classroom
where creativity,
culture, and personal
transformation merge.

Guided by Masters and Pioneers



**Padma Shri
Hem Chandra Goswami**
Master of Majuli's traditional
mask making, carrying a
500-year-old lineage.



Magdalene Jeyarathnam
India's first trained
psychodramatist with 30+ years
in expressive arts therapy.
Founder of Indian Institute
of Psychodrama.



**Local Majuli artisans, monks,
weavers & storytellers**
Carriers of generational wisdom,
river rituals, and a life in harmony
with nature. Experience Majuli
through the eyes of those who
live its culture every day.

DAY 1 Enter Majuli, Enter Yourself

Ferry to the island from Jorhat, orientation, cultural walk with Padma Shri Hem Chandra Goswami in the Samaguri Satra, Salmore village walk and other satras, visit Namghar and learn about vaishnavite culture.

DAY 3 Expression & Colour

Dive into natural pigments and colour psychology, continue mask making sessions, explore drama techniques, culminating in bonfire storytelling.

DAY 5 Integration

Morning meditation, a final showcase and group reflections. Closing rituals and farewell. Ferry back to Jorhat.

DAY 2 Crafting Identity

First session of mask-making followed by sunset river guided journaling and first psychodrama session followed by bhaona performance.

DAY 4 Self-Reinvention

The final mask-making session, a visit to a Mising village for a traditional meal and powerful masked theatre circles.

**This journey does not end in Majuli-
it rewires how you meet your emotions,
your relationships, and yourself.**





Why Mask Making?

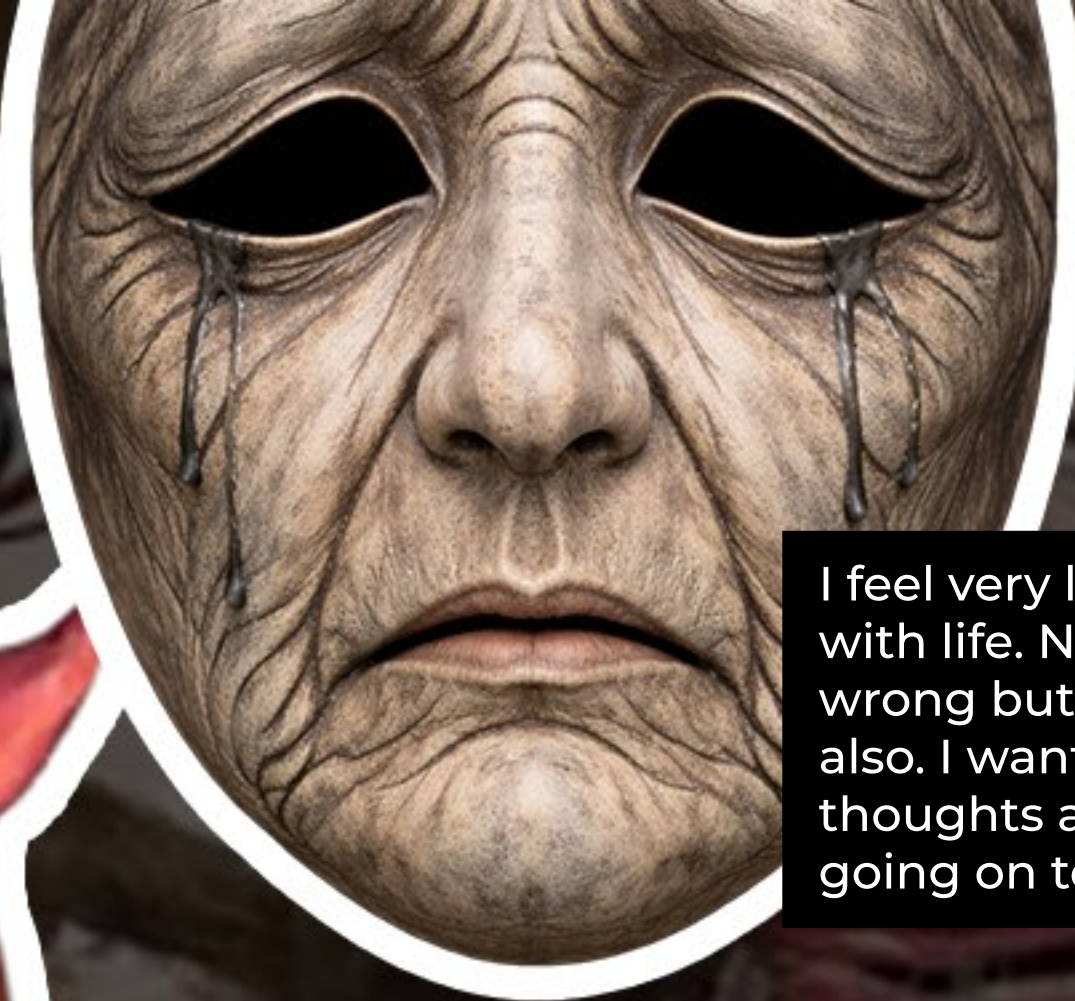
Because masks are
more than art.
They are identity.
They are emotion.
They are truth.

In Majuli, masks reveal stories,
symbolisms, shadows, aspirations,
unspoken parts of the self.

**Here, you will create a mask that
reflects your story, your patterns,
your strength, your becoming;
whatever you want to create.**



If I can confront my anger and frustrations I can channel my energies to more positivity.



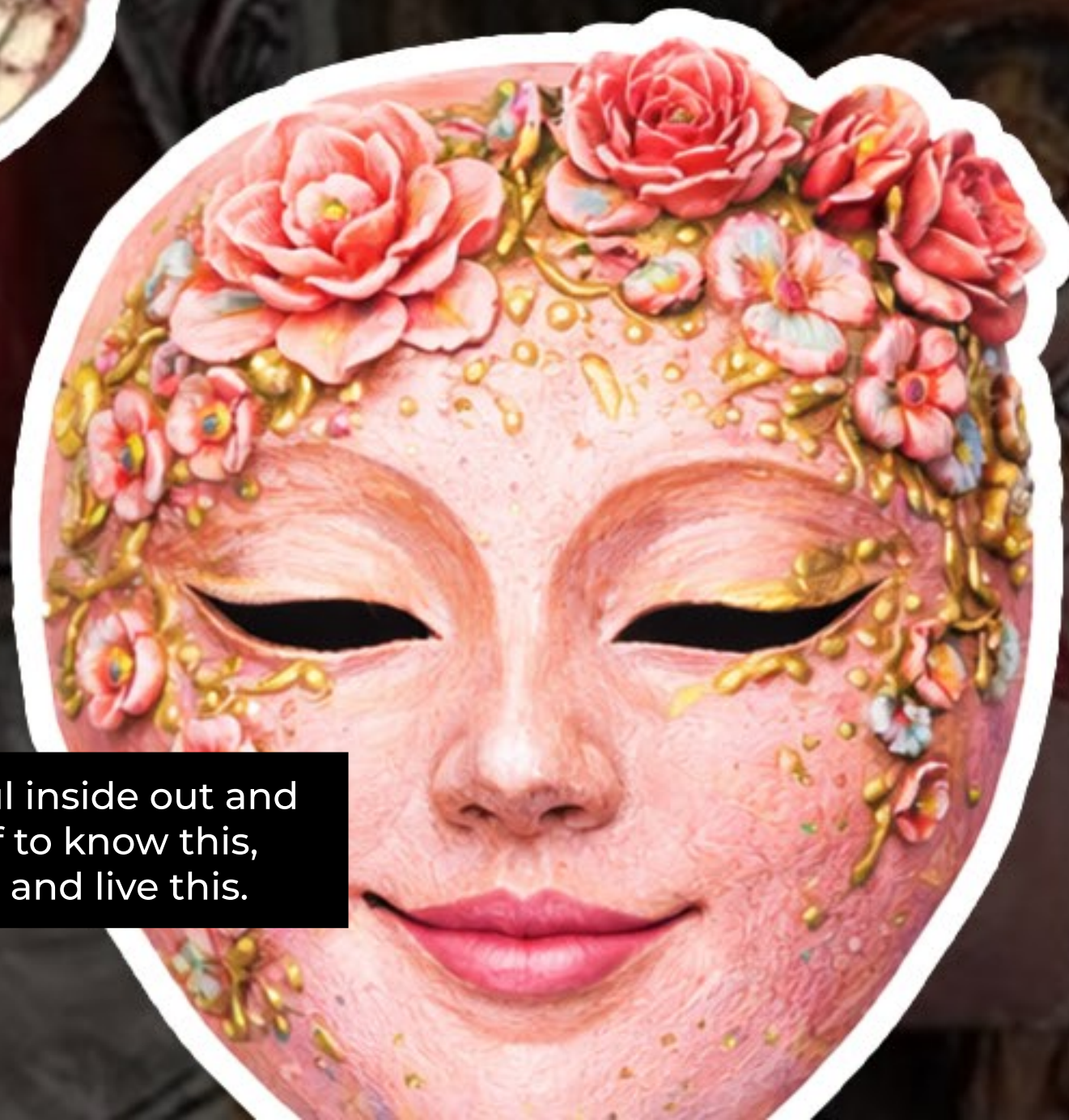
I feel very low, old and done with life. Nothing seems to be wrong but nothing seems right also. I want to confront my inner thoughts and understand what's going on to finally move on.



I am cheating myself because I show an exterior of a nice humble person but deep down I know my jealousy is stopping my growth. I need to accept this side of me and work on it.



I am powerful, I am not ashamed and I trust my ability to be successful. I need to work on my confidence to get to my desired goals.



I am beautiful inside out and I want myself to know this, embrace this and live this.



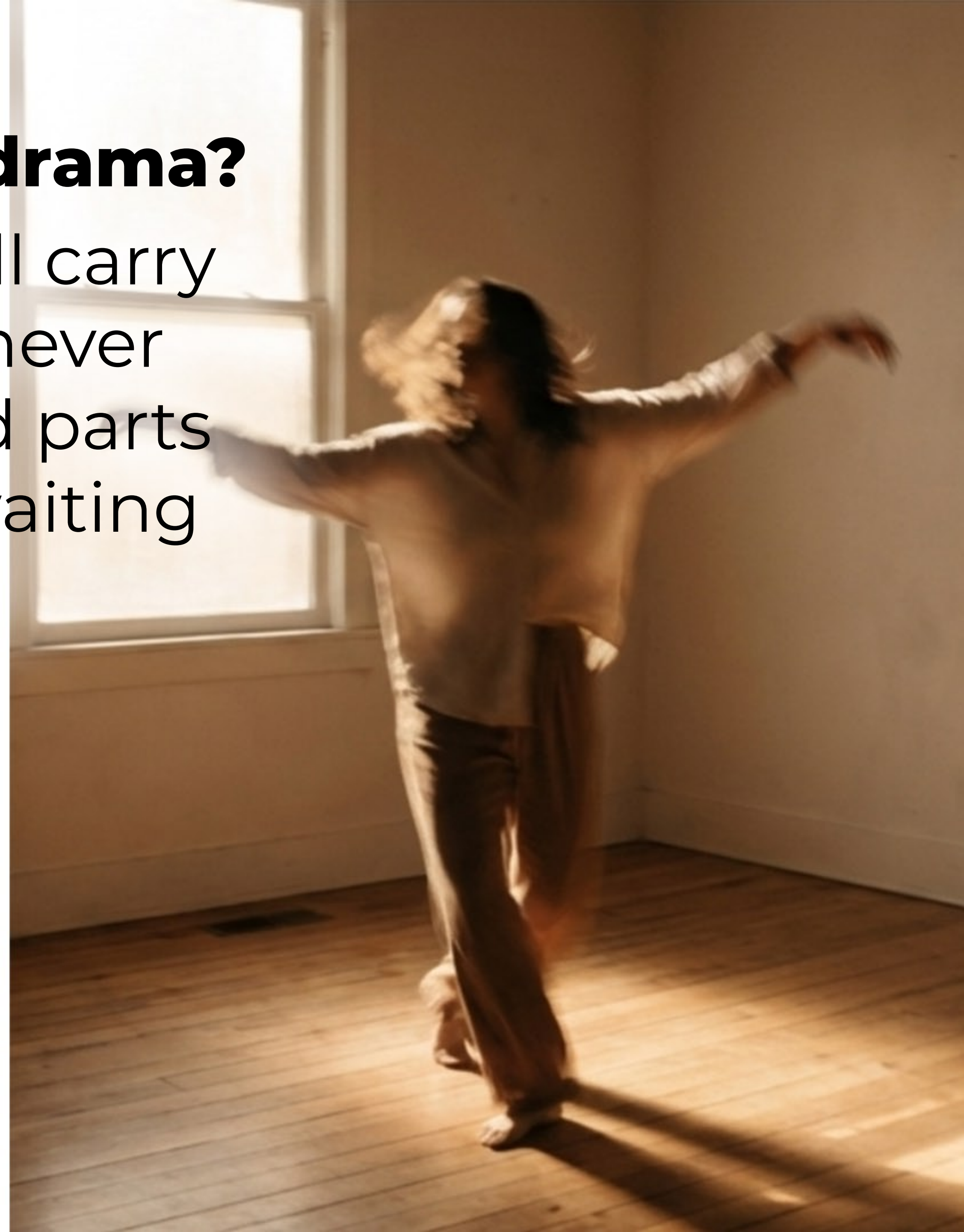
There's nothing really wrong, but I want to live a more thoughtful and conscious life and so I want to meet the best version of me.



I am messy but that is the beauty that lies inside me. I should embrace it and let my mess be beautiful so it can work in line with my goals.

Why Psychodrama?

Because we all carry stories we've never expressed and parts of ourselves waiting to be seen



Psychodrama is a powerful therapeutic tool to step into your younger self, your brave self, your wild, honest self.

It is designed to:

- Release emotional blockages
- Reclaim personal power
- Uncover subconscious patterns
- Reconnect with purpose and find clarity



**Healing is easier when you're
surrounded by people who make
you feel “I can be myself here.”**

We believe deep work needs a safe space. TEC brings together a carefully crafted tribe of **creatives, professionals, seekers, and reflective humans** who value growth and authenticity. You won't just meet fellow travellers. You'll meet people who push you, inspire you, mirror you, and support you.

Intentionally intimate.

10-14 PEOPLE

Soulful spaces that support inner work

We stay in handpicked bamboo cottages & homestays that embraces slower living. You'll wake up to birdsongs, breathe with nature, and live between simple village life and quite landscapes.

- 2 or 3 people in one room. private room can be arranged on special requests.
- Accomodation would be one of the two which would be decided nearer to the trip.
- Private spaces and natural scenic spots are arranged for sessions and workshops



OKAYGIGA HOMESTAY



AYANG OKUM RIVER
BANK BAMBOO COTTAGE

What's Included

- Accommodation in Majuli & all meals
- Local transport & ferries
- All workshops (mask-making, psychodrama, theatre, journaling, meditations)
- All art materials & facilitator fees
- Cultural immersion sessions & photo documentation

What's not Included

- Travel to/from Jorhat*
- Jorhat accommodation*
- Personal expenses

COST **INR 27,500**

*We can assist you with Jorhat bookings if required.



One of its kind

UNMASK stands apart because it merges worlds that rarely meet:

Ancestral Craft with
Modern Therapeutic Theatre.

Community Circles with
Nature-based Healing.

Wisdom of **Monks & Artisans**
with **Psychodrama.**

Nowhere else do you get to shape a mask with your hands while unshaping the inner stories that keep you grounded.





You take back more
than a mask.

You reset.

You leave with:

A physical mask that
represents the **real you**.

Psychodrama techniques
for real-life challenges.

Emotional clarity and renewed
confidence.

A **tribe** you'll want to travel with again.

Journaling and **reflective tools** to stay grounded.

A profound taste of **slow-living** and river culture.

THE EXPEDITION COLLECTIVE

A **TRAVEL-AND-LEARN** collective of like-minded explorers. Together, we cultivate meaningful experiences, develop valuable skills, revive our rich culture and build a thriving community filled with limitless opportunities.

Join us on this journey - where exploration meets growth, and where every step leads to a richer, more fulfilling life.

How to apply?

FILL THIS FORM

This is a pre-launch sign up.
You are getting priority for this expedition.

Any assistance?

TALK TO US

+91 78966 73868
+91 69012 53427
+91 60035 91019

info@expeditioncollective.in

Want to know more?

CHECK US OUT

<https://theexpeditioncollective.in/>
[@theexpeditioncollective](https://www.instagram.com/theexpeditioncollective)

A photograph of a narrow, dirt path winding through a dense, lush green forest. The path is flanked by thick foliage, including various ferns and broad-leafed plants. The lighting is dappled, with bright sunlight hitting the leaves on the left and right, while the center of the path and the background are in deep shadow, creating a sense of mystery and depth. The overall color palette is dominated by various shades of green, from vibrant lime to deep forest greens.

This is an awakening.
If you've been feeling stuck,
If a part of you has been
waiting for a sign,
If you want to meet yourself
more deeply,
UNMASK is the doorway.

Step in.